

Zeile	Platz	M	W	Nr.	Name	Nation	AK-Platz	AK	Verein	Brutto	Netto
1	1	1		429	Schröder-Groeneveld, Leif	GER	1	M20	SC Gut-Heil Neumünster	00:31:36	00:31:36
2	2	2		1	Kagelmacher, Daniel	GER	1	M35	Laufmonster.de / Kiel	00:33:56	00:33:56
3	3	3		264	Schnoor, Felix	GER	2	M20		00:34:08	00:34:08
4	4	4		230	Hoffmann, Christian	GER	1	M40	SG Tantalus Kiel	00:34:49	00:34:49
5	5	5		332	Peters, Hans	GER	2	M40	USC Kiel	00:35:00	00:35:00
6	6	6		433	Hennigsen, Dirk	GER	2	M35	THW Kiel	00:35:14	00:35:14
7	7	7		289	Teifke, Nils	GER	1	M30		00:35:25	00:35:25
8	8	8		421	Kratzenstein, Stefan	GER	2	M30	OSC Berlin	00:35:56	00:35:56
9	9	9		269	Hansen, Thomas	GER	1	M50	TuS Germania Schnelsen Hamburg	00:36:11	00:36:11
10	10	10		100	Breitsprecher, Andreas	GER	3	M30	TuS Holtenau Kiel	00:36:16	00:36:16
11	11	11		392	Bagehorn-Delor, Jens	GER	3	M40	Spiridon Schleswig	00:36:48	00:36:48
12	12	12		305	Eichmann, Jörn	GER	3	M20	ETV-Kiel	00:37:03	00:37:03
13	13	13		233	Pszolla, Karsten	GER	4	M40	SG Tantalus Kiel	00:37:16	00:37:16
14	14	14		430	Herzog, Reyk	GER	3	M35	Kieler RV	00:37:24	00:37:24
15	15	15		298	Pohlmann, Marco	GER	5	M40	WattMatt	00:37:26	00:37:26
16	16	16		98	Bergmann, Juri	GER	4	M30		00:37:49	00:37:49
17	17	17		358	Schütt, Marvin	GER	4	M20	Zippels Läuferteam e.V	00:37:54	00:37:54
18	18	18		150	Bauer, Henrik	GER	6	M40	SSV Bredenbek	00:38:03	00:38:03
19	19	19		396	Pohl, Michael	GER	1	MJB	SG Förde Sparkasse e.V.	00:38:06	00:38:06
20	20	20		25	Puck, M. Johannes	GER	5	M20		00:38:10	00:38:10
21	21	21		156	Neumann, Berndt	GER	1	M45	Gettorfer TV	00:38:17	00:38:17
22	22	22		66	Hinz, Michael	GER	7	M40	SFC Ottendorf	00:38:23	00:38:23
23	23	23		175	Lohse, Ralf	GER	2	M45	LG POWER-Schnecken Kiel e. V.	00:38:23	00:38:23
24	24		1	191	Floß, Doreen	GER	1	W30		00:38:36	00:38:36
25	25	24		118	Sönnichsen, Birger	GER	6	M20	Die Jungs hinter der Tanke	00:38:40	00:38:40
26	26	25		30	Götsch, Thomas	GER	5	M30	TSV Russee	00:38:48	00:38:48
27	27	26		276	Pfalzgraf, Helwig	GER	2	M50	SG Tantalus Kiel	00:38:49	00:38:49
28	28	27		405	Jurmann, Stephan	GER	8	M40	Eckernförder EMTV	00:38:59	00:38:59
29	29	28		315	Behringer, Stefan	GER	9	M40	SG Förde Sparkasse e.V.	00:39:02	00:39:02
30	30	29		152	Manthee, Roland	GER	3	M45		00:39:08	00:39:08
31	31	30		345	Schubert, Thomas	GER	4	M45	TSV Altenholz	00:39:11	00:39:11
32	32	31		121	Mischke, Frank	GER	10	M40	LG Albatros Kiel	00:39:16	00:39:16
33	33	32		190	Pagel, Hans-Joachim	GER	11	M40	Osdorfer SV	00:39:20	00:39:20
34	34	33		112	Dethlefsen, Thomas	GER	12	M40	TSV Neuwittenbek	00:39:20	00:39:20
35	35	34		374	Große, Dirk	GER	13	M40	SG Athletico Büdelsdorf	00:39:25	00:39:25
36	36	35		231	Krause, Andreas	GER	5	M45	SG Tantalus Kiel	00:39:25	00:39:25
37	37	36		107	Junker, Stefan	GER	4	M35	TSV Aukrug	00:39:27	00:39:27
38	38	37		149	Wieburg, Ralf	GER	6	M45		00:39:33	00:39:33
39	39		2	2	Trapp, Trixi	GER	2	W30	LG POWER-Schnecken Kiel e. V.	00:39:34	00:39:34
40	40	38		145	Mackeprang, Knut	GER	14	M40	Team freenet	00:39:53	00:39:53
41	41	39		214	Wriedt, Carsten	GER	15	M40	LG Neumünster	00:40:05	00:40:05
42	42	40		85	Büll, Thomas	GER	16	M40		00:40:25	00:40:25
43	43	41		142	Kosubek, Lars	GER	6	M30	Team freenet	00:40:26	00:40:26
44	44	42		180	Trapp, Michael	GER	17	M40	LG POWER-Schnecken Kiel e. V.	00:40:31	00:40:31
45	45	43		82	Stapelfeldt, Detlef	GER	7	M45	LTV Kiel-Ost	00:40:41	00:40:41
46	46	44		95	Bosch, Waldemar	GER	3	M50	LTV Kiel-Ost	00:40:41	00:40:41

Zeile	Platz	M	W	Nr.	Name	Nation	AK-Platz	AK	Verein	Brutto	Netto
47	47	45		161	Michalak, Thomas	GER	7	M20		00:40:50	00:40:50
48	48	46		13	Richter, Sven	GER	5	M35	LG KVG Die Straßentreter	00:40:55	00:40:55
49	49	47		330	Körner, Christoph	GER	8	M45	ppiMedia	00:41:00	00:41:00
50	50	48		376	Carstensen, Laif	GER	18	M40		00:41:02	00:41:02
51	51	49		348	Ketels, Olaf	GER	4	M50	Volksläufer	00:41:09	00:41:09
52	52		3	280	Ruhland, Monika	GER	1	W40	LTV Kiel-Ost	00:41:11	00:41:11
53	53	50		87	Anger, Gunnar	GER	7	M30	Versorgungsbetriebe Kronshagen	00:41:19	00:41:19
54	54	51		381	Radden, Oliver	GER	8	M30		00:41:37	00:41:37
55	55		4	220	Grun, Sabrina	GER	1	W20	TSV Schönberg	00:41:41	00:41:41
56	56	52		206	Lachenmann, Michael	GER	9	M45	LT Kiellinie 03	00:41:49	00:41:49
57	57	53		291	Timmler, Jan	GER	9	M30	Gettorfer TV	00:42:16	00:42:16
58	58	54		272	Hoff, Rainer	GER	10	M45	SG HSH Nordbank e.V.	00:42:18	00:42:18
59	59	55		378	Wilcken, Arne	GER	19	M40		00:42:21	00:42:21
60	60	56		252	Lösel, Frank	GER	5	M50	LTV Kiel-Ost	00:42:22	00:42:22
61	61	57		380	Dregelies, Max	GER	8	M20	Team Dregelies	00:42:24	00:42:24
62	62	58		271	Engelke, Christian	GER	11	M45	TSV Schönberg	00:42:24	00:42:24
63	63	59		426	Wegert, Maximilian	GER	2	MJB	96 Athletico Büdelsdorf	00:42:25	00:42:25
64	64	60		129	Pieracks, Oliver	GER	6	M35		00:42:30	00:42:30
65	65	61		165	Fischer, Sven	GER	12	M45	LTV Kiel-Ost	00:42:30	00:42:30
66	66	62		105	Vöhringer, Rainer	GER	13	M45		00:42:31	00:42:31
67	67		5	5	Becker, Verena	GER	3	W30	SG TSV Kronshagen/Kieler TB	00:42:40	00:42:40
68	68	63		415	Bartoschewski, Jürgen	GER	1	M55	Lauteam Damp	00:42:41	00:42:41
69	69	64		259	Brand, Lothar	GER	2	M55	LTV Kiel-Ost	00:42:43	00:42:43
70	70	65		144	Wegert, Christof	GER	20	M40	Team freenet	00:42:45	00:42:45
71	71	66		407	Breiler, Friedricj	GER	3	M55	TuS H/M Kiel	00:42:51	00:42:51
72	72	67		268	Dregelies, Martin	GER	6	M50	Team Dregelies	00:42:54	00:42:54
73	73	68		416	Hübner, Torsten	GER	21	M40	TuS Holtenau	00:42:56	00:42:56
74	74	69		195	Feldhusen, Johannes	GER	7	M50		00:42:58	00:42:58
75	75		6	113	Deichsel, Agnieszka	GER	4	W30		00:42:58	00:42:58
76	76	70		143	Steffen, Axel	GER	7	M35	Team freenet	00:43:01	00:43:01
77	77	71		126	Hennings, Thorsten	GER	22	M40	Laufgruppe Hennings	00:43:04	00:43:04
78	78	72		397	Sibbel, Thore	GER	3	MJB	SG Förde Sparkasse e.V.	00:43:11	00:43:11
79	79	73		83	Leisner, Arne	GER	14	M45	Landeshauptstadt Kiel	00:43:14	00:43:14
80	80	74		186	Schuster, Peter	GER	1	M65	SV Friedrichsort	00:43:15	00:43:15
81	81		7	222	Tews, Anja	GER	2	W40	TSV Schönberg	00:43:29	00:43:29
82	82	75		406	Strzalka, Ralf	GER	15	M45	SV Kirchbarkau	00:43:31	00:43:31
83	83		8	172	Hagge, Britta	GER	1	W35	LG POWER-Schnecken Kiel e. V.	00:43:33	00:43:33
84	84	76		103	Ardelt, Uwe	GER	16	M45	TuS Holtenau	00:43:36	00:43:36
85	85	77		352	Hinrichsen, Ove	GER	23	M40		00:43:38	00:43:38
86	86	78		239	Völk, Peter	GER	9	M20	team muschelwind	00:43:41	00:43:41
87	87	79		235	Reschke, Mark	GER	8	M35	SG Tantalus Kiel	00:43:50	00:43:50
88	88	80		228	Buhrke, Nils	GER	17	M45	SG Tantalus Kiel	00:43:58	00:43:58
89	89	81		270	Ludwig, Thorsten	GER	24	M40		00:44:08	00:44:08
90	90	82		237	Wysocki, Rene	GER	18	M45	SG Tantalus Kiel	00:44:11	00:44:11
91	91	83		279	Röhlk, Kent	GER	25	M40	ppi Media GmbH	00:44:13	00:44:13
92	92	84		115	Hennings, Florian	GER	9	M35	Laufgruppe Hennings	00:44:17	00:44:17

Zeile	Platz	M	W	Nr.	Name	Nation	AK-Platz	AK	Verein	Brutto	Netto
93	93	85		171	Gerull, Udo	GER	19	M45	LG POWER-Schnecken Kiel e. V.	00:44:22	00:44:22
94	94	86		109	Wieken, Frank	GER	20	M45		00:44:22	00:44:22
95	95		9	170	Buhrmann, Marion	GER	3	W40	LG POWER-Schnecken Kiel e. V.	00:44:22	00:44:22
96	96	87		389	Binder, Niels-Peter	GER	26	M40	Borener SV	00:44:27	00:44:27
97	97	88		304	Rave, Sönke	GER	27	M40	ETV-Kiel	00:44:28	00:44:28
98	98	89		48	Müller, Volker	GER	28	M40	THW Kiel	00:44:30	00:44:30
99	99	90		227	Bock, Dirk	GER	29	M40	SG Tantalus Kiel	00:44:31	00:44:31
100	100	91		185	Esser, Manfred	GER	1	M60	tus holtenau kiel	00:44:31	00:44:31
101	101	92		141	Krüger, Stefan	GER	10	M30	Team freenet	00:44:32	00:44:32
102	102		10	43	Michel, Inken	GER	4	W40		00:44:37	00:44:37
103	103	93		411	Mohr, Henning	GER	21	M45	LG Albatros Kiel	00:44:39	00:44:39
104	104	94		49	Renner, Günter	GER	22	M45	FC Kilia Kiel	00:44:53	00:44:53
105	105	95		417	Luxemburger, Christian	GER	10	M35	Obernsee	00:44:54	00:44:54
106	106	96		108	Jensen, Klaus	GER	23	M45	LTV Kiel-Ost	00:44:55	00:44:55
107	107	97		431	Jacques, Perter	GER	8	M50	LTV Kiel-Ost	00:44:57	00:44:57
108	108	98		167	Knaack, Thomas	GER	24	M45		00:44:59	00:44:59
109	109	99		387	Martinsen, Sven	GER	10	M20		00:45:04	00:45:04
110	110	100		213	Sorge, Thorsten	GER	11	M20	Team Erdinger Alkoholfrei	00:45:22	00:45:22
111	111	101		363	Nieprasch, René	GER	30	M40	SG Tantalus Kiel	00:45:25	00:45:25
112	112	102		20	Hoffmann, Bernd	GER	25	M45		00:45:25	00:45:25
113	113	103		403	Diercks, Joern	GER	31	M40		00:45:27	00:45:27
114	114	104		284	Meier, Jens	GER	2	M60	LTV Kiel-Ost	00:45:27	00:45:27
115	115	105		70	Rehm, Joachim	GER	3	M60	SFC Ottendorf	00:45:34	00:45:34
116	116	106		53	Acil, Yahya	GER	9	M50	SFC Ottendorf	00:45:34	00:45:34
117	117	107		349	Schwarz, Gernod	GER	10	M50		00:45:35	00:45:35
118	118	108		116	Feldmann, Lars	GER	32	M40	USC Kiel	00:45:40	00:45:40
119	119	109		125	Frach, Norbert	GER	33	M40	Postfelder SV	00:45:41	00:45:41
120	120	110		309	Deppe, Sven	GER	26	M45		00:45:43	00:45:43
121	121	111		168	Zabel, Rene	GER	11	M35	Borener SV	00:45:45	00:45:45
122	122	112		244	Schaaf, Thorben	GER	12	M20		00:45:45	00:45:45
123	123	113		200	Moeller, Andreas	GER	34	M40	LTV Kiel-Ost	00:45:47	00:45:47
124	124	114		51	Pape, Rainer	GER	27	M45	LTV Kiel-Ost	00:45:49	00:45:49
125	125	115		16	Stachowitz, Wolfgang H.	GER	28	M45	NDTSV Holsatia	00:45:53	00:45:53
126	126	116		47	Klein, Oliver	GER	35	M40	TuS Holtenau	00:45:56	00:45:56
127	127	117		242	Dieckmann, Ulrich	GER	11	M50		00:46:00	00:46:00
128	128	118		382	Bock, Nils	GER	12	M35	Kiel Seahawks	00:46:01	00:46:01
129	129		11	198	May, Alexandra	GER	2	W35	LTV Kiel-Ost	00:46:02	00:46:02
130	130	119		292	Berger, Ralf	GER	29	M45		00:46:15	00:46:15
131	131	120		32	Schulz, Markus	GER	36	M40		00:46:16	00:46:16
132	132		12	68	Knippert, Andrea	GER	3	W35	SFC Ottendorf	00:46:16	00:46:16
133	133	121		335	Ziems, Eckhard	GER	12	M50	Friedrichsort	00:46:22	00:46:22
134	134	122		356	Reimers, Mark	GER	13	M35	Flame an Fun	00:46:23	00:46:23
135	135	123		249	May, Thomas	GER	13	M50	LTV Kiel-Ost	00:46:24	00:46:24
136	136	124		201	Brüggmann, Günter	GER	37	M40	LT Kiellinie 03	00:46:27	00:46:27
137	137	125		395	Neumann, Jan-Ole	GER	4	MJB	Gettorfer TV	00:46:34	00:46:34
138	138	126		17	Otilie, Günter	GER	38	M40		00:46:34	00:46:34

Zeile	Platz	M	W	Nr.	Name	Nation	AK-Platz	AK	Verein	Brutto	Netto
139	139	127		174	Jürgens, Dirk	GER	14	M50	LG POWER-Schnecken Kiel e. V.	00:46:37	00:46:37
140	140		13	120	Heinemann, Petra	GER	1	W45	TSV-Altenholz/Lauftreff	00:46:39	00:46:39
141	141	128		338	Kloth, Manfred	GER	30	M45		00:46:39	00:46:39
142	142		14	303	Kalbus, Karin	GER	1	W50	LTV Kiel-Ost	00:46:40	00:46:40
143	143	129		254	Kühle, Oliver	GER	39	M40	LTV Kiel-Ost	00:46:40	00:46:40
144	144	130		357	Behrmann, Heinz	GER	4	M55	Zippels Läuferteam e.V	00:46:41	00:46:41
145	145	131		253	Festerling, Eric	GER	13	M20		00:46:45	00:46:45
146	146	132		26	Wilke, Gerrit	GER	14	M35	Heikendorfer SV	00:46:48	00:46:48
147	147	133		188	Johannsen, Lutz	GER	31	M45		00:46:49	00:46:49
148	148		15	22	Voß, Marion	GER	2	W45	TSV Waabs	00:46:53	00:46:53
149	149	134		80	Schlüsen, Jens	GER	5	M55		00:46:55	00:46:55
150	150	135		55	Blöck, Klaus	GER	4	M60	SFC Ottendorf	00:46:58	00:46:58
151	151	136		35	Fuhrmann, Olaf	GER	32	M45	Bela's flotte Sprotten	00:47:00	00:47:00
152	152	137		425	Schnack, Heiko	GER	15	M50		00:47:04	00:47:04
153	153	138		234	Renz, Andreas	GER	40	M40	SG Tantalus Kiel	00:47:05	00:47:05
154	154	139		61	Golinski, Roman	GER	15	M35	SFC Ottendorf	00:47:06	00:47:06
155	155	140		134	Rüter, Lars	GER	33	M45		00:47:09	00:47:09
156	156	141		162	Burmeister, Matthias	GER	34	M45	KMTV	00:47:16	00:47:16
157	157	142		404	Fischer, Timo	GER	41	M40		00:47:17	00:47:17
158	158	143		390	Rezaei-Sameleh, Robert	GER	14	M20	TSV Bordesholm	00:47:17	00:47:17
159	159		16	287	Vanselow, Maria	GER	1	W55	LTV Kiel-Ost	00:47:17	00:47:17
160	160		17	139	Gerhardy, Cornelia	GER	5	W40	Team freenet	00:47:18	00:47:18
161	161	144		394	Lantzke, Gisbert	GER	35	M45		00:47:33	00:47:33
162	162	145		102	Kurtz, Waldemar	GER	16	M35		00:47:35	00:47:35
163	163	146		267	Gundlach, Arndt	GER	42	M40		00:47:35	00:47:35
164	164	147		110	Jaworski, Martin	GER	15	M20		00:47:36	00:47:36
165	165	148		293	Breede, Thorsten	GER	43	M40	BBZ Schleswig	00:47:37	00:47:37
166	166	149		37	Steinborn, Heiko	GER	36	M45	Bela's flotte Sprotten	00:47:39	00:47:39
167	167	150		179	Sturm, Thorsten	GER	44	M40	LG POWER-Schnecken Kiel e. V.	00:47:40	00:47:40
168	168	151		24	Schlüßler, Kristof	GER	16	M20	tevala.eu	00:47:45	00:47:45
169	169	152		353	Stein, Stan	GER	45	M40	LTV Kiel-Ost	00:47:46	00:47:46
170	170	153		300	Andresen, Lars	GER	11	M30		00:47:46	00:47:46
171	171	154		410	Sauer, Wolfgang	GER	37	M45	LG Albatros Kiel	00:47:47	00:47:47
172	172	155		62	Graupner, Heinz	GER	16	M50	SFC Ottendorf	00:47:47	00:47:47
173	173	156		424	Schnoor, Marko	GER	46	M40	LTV Kiel-Ost	00:47:50	00:47:50
174	174		18	4	Arnold, Marion	GER	3	W45	TuS Holtenau Kiel	00:47:52	00:47:52
175	175	157		386	Martinsen, Rolf-Dieter	GER	5	M60		00:47:52	00:47:52
176	176	158		408	Butkevicius, Phillip	GER	1	MJA	LG Strassentreter	00:47:53	00:47:53
177	177	159		138	Kuklinski, Marek	GER	38	M45		00:47:55	00:47:55
178	178		19	154	Schreiner, Aneta	GER	5	W30	SG TSV Kronshagen/Kieler TB	00:48:01	00:48:01
179	179	160		176	Rudolph, Ralf	GER	47	M40	LG POWER-Schnecken Kiel e. V.	00:48:01	00:48:01
180	180	161		36	Kortmann, Michael	GER	39	M45	Bela's flotte Sprotten	00:48:04	00:48:04
181	181	162		384	Schippels, Alfred	GER	1	M75	TuS Holtenau	00:48:04	00:48:04
182	182	163		12	Moje, Bernd	GER	40	M45	LG KVG Die Straßentreter	00:48:04	00:48:04
183	183		20	38	Wehling, Maike	GER	6	W30	Bela's flotte Sprotten	00:48:05	00:48:05
184	184	164		14	Schleuß, Olaf	GER	48	M40	LG KVG Die Straßentreter	00:48:09	00:48:09

Zeile	Platz	M	W	Nr.	Name	Nation	AK-Platz	AK	Verein	Brutto	Netto
185	185	165		148	Schuster, Uwe	GER	6	M55		00:48:10	00:48:10
186	186	166		320	Harsdorf, Peter	GER	41	M45	SG Förde Sparkasse e.V.	00:48:11	00:48:11
187	187	167		79	Liebl, Sebastian	GER	17	M20	SG TSV Kronshagen/Kieler TB	00:48:12	00:48:12
188	188	168		94	Mirck, Andreas	GER	49	M40		00:48:12	00:48:12
189	189		21	93	Parlitz, Julia	GER	2	W20		00:48:13	00:48:13
190	190	169		324	Mallach, Michael	GER	50	M40	SG Förde Sparkasse e.V.	00:48:17	00:48:17
191	191	170		91	Kieker, Wolf-Rüdiger	GER	2	M65	LTV Kiel-Ost	00:48:21	00:48:21
192	192	171		323	Lenschow, Jörg	GER	42	M45	SG Förde Sparkasse e.V.	00:48:23	00:48:23
193	193		22	209	Becker, Waldtraut	GER	1	W60	LG Albatros Kiel	00:48:32	00:48:32
194	194	172		273	Pagel, Bertram	GER	17	M50	LG POWER-Schnecken Kiel e. V.	00:48:37	00:48:37
195	195	173		76	Willmer, Martin	GER	51	M40	SFC Ottendorf	00:48:37	00:48:37
196	196	174		385	Kähler, Stefan	GER	52	M40	LTV Kieler-Ost	00:48:46	00:48:46
197	197	175		247	Kestner, Ulf	GER	43	M45		00:48:48	00:48:48
198	198		23	219	Eggert, Anja	GER	6	W40	TSV Schönberg	00:48:52	00:48:52
199	199	176		328	Siewert, Horst	GER	53	M40		00:48:52	00:48:52
200	200	177		27	Juergensen, Kai	GER	18	M50		00:48:55	00:48:55
201	201		24	151	Brügmann, Karen	GER	7	W40	LTV Kiel-Ost	00:48:59	00:48:59
202	202	178		147	Busch, Rainer	GER	54	M40		00:49:07	00:49:07
203	203	179		33	Fischbach, Axel	GER	44	M45		00:49:09	00:49:09
204	204	180		333	Börjesson, Hans-Joachim	GER	55	M40	Sanitätskommando I	00:49:11	00:49:11
205	205	181		182	Oxmann, Daniel	GER	17	M35		00:49:14	00:49:14
206	206		25	92	Reiche-Pinto, Angela	GER	8	W40	SFC Ottendorf	00:49:18	00:49:18
207	207		26	173	Hameister, Katja	GER	3	W20	LG POWER-Schnecken Kiel e. V.	00:49:20	00:49:20
208	208	182		258	Kurz, Eckart	GER	19	M50		00:49:21	00:49:21
209	209	183		208	Wöhlk, Wolfgang	GER	6	M60		00:49:29	00:49:29
210	210	184		106	Weihls, Rudolf	GER	20	M50	SG Atletico Büdelsdorf	00:49:32	00:49:32
211	211	185		45	Drasdo, Ralf	GER	21	M50	THW Kiel	00:49:39	00:49:39
212	212	186		155	Danker, Lutz	GER	45	M45		00:49:42	00:49:42
213	213		27	241	Dieckmann, Birgit	GER	9	W40		00:49:44	00:49:44
214	214		28	39	Rausch, Isolde	GER	4	W45	LTV Kiel-Ost	00:49:44	00:49:44
215	215	187		414	Mitbach, Kajo	GER	46	M45		00:49:47	00:49:47
216	216	188		99	Peter, Ronald	GER	22	M50	HLG 98 Wuppertal	00:49:48	00:49:48
217	217		29	159	Wendt, Susanne	GER	10	W40		00:49:57	00:49:57
218	218	189		226	Bichel, Bernd	GER	7	M55	LG POWER-Schnecken Kiel e. V.	00:50:06	00:50:06
219	219		30	169	Zabel, Sandra	GER	4	W35	Borener SV	00:50:07	00:50:07
220	220	190		192	Slawski, Wolfgang	GER	47	M45		00:50:08	00:50:08
221	221	191		306	Vollstedt, Klaus	GER	23	M50		00:50:09	00:50:09
222	222	192		367	Fauth, Mathias	GER	48	M45		00:50:15	00:50:15
223	223	193		245	Schmidt, Carsten	GER	56	M40		00:50:17	00:50:17
224	224		31	224	Beck, Mette	DEN	7	W30	Borener SV	00:50:17	00:50:17
225	225	194		210	Krohn, Stefan	GER	24	M50	LT Kiellinie 03	00:50:18	00:50:18
226	226	195		31	Schmahlfeldt, Jörg	GER	25	M50		00:50:23	00:50:23
227	227	196		342	Hopp, Peter	GER	3	M65	LTV Kiel-Ost	00:50:25	00:50:25
228	228	197		211	Springer, Karsten	GER	57	M40	SG HSH Nordbank e.V.	00:50:26	00:50:26
229	229	198		184	Krapp, Carsten	GER	12	M30	SG HSH Nordbank e.V.	00:50:26	00:50:26
230	230		32	96	Brzakala, Maike	GER	5	W45	SG Tantalus Kiel	00:50:30	00:50:30

Zeile	Platz	M	W	Nr.	Name	Nation	AK-Platz	AK	Verein	Brutto	Netto
231	231	199		114	Deichsel, Andre	GER	18	M35		00:50:37	00:50:37
232	232		33	327	Hansen, Marike	GER	4	W20	Die Jungs hinter der Tanke	00:50:37	00:50:37
233	233	200		181	Willing, Rolf	GER	8	M55	LG POWER-Schnecken Kiel e. V.	00:50:42	00:50:42
234	234	201		361	Schäpe, Thomas	GER	9	M55	KMTV	00:50:43	00:50:43
235	235	202		354	Martzahn, Toni	GER	13	M30		00:50:44	00:50:44
236	236	203		435	Hartwig, Jan-Ulrich	GER	14	M30	Vollschiff Heiko	00:50:47	00:50:47
237	237	204		422	Järv, Martin	GER	49	M45	Tus H/M Kiel	00:50:53	00:50:53
238	238	205		401	Dantone, Luigi	ITA	2	MJA	TSV Bordesholm	00:50:53	00:50:53
239	239	206		44	Westhöfer, Gunther	GER	58	M40	Wilferth & Westhöfer Versicherungsmakler	00:50:57	00:50:57
240	240		34	351	Ecksmann, Ulrike	GER	11	W40		00:50:58	00:50:58
241	241		35	77	Willmer, Sonja	GER	12	W40	SFC Ottendorf	00:50:58	00:50:58
242	242		36	212	Hinrichs, Heilwig	GER	6	W45	LTV Kiel-Ost	00:51:00	00:51:00
243	243	207		153	Weiß, Ulrich	GER	59	M40		00:51:05	00:51:05
244	244	208		223	Pisani, Don	GER	10	M55	TUS Nortorf	00:51:15	00:51:15
245	245	209		104	Wlodarczyk, Maik	GER	15	M30	LG Albatros Kiel	00:51:20	00:51:20
246	246		37	275	Kahlcke, Christine	GER	7	W45	SG Tantalus Kiel	00:51:22	00:51:22
247	247	210		432	Lohse, Christian	GER	18	M20	Die Jungs hinter der Tanke	00:51:31	00:51:31
248	248	211		302	Rehder, Stephan	GER	60	M40	ETV-Kiel	00:51:32	00:51:32
249	249		38	377	Suchan, Camilla	GER	5	W35		00:51:35	00:51:35
250	250	212		166	Doß, Michael	GER	61	M40		00:51:39	00:51:39
251	251	213		314	Wachsmuth, Gerd	GER	1	M70	borenersv	00:51:39	00:51:39
252	252	214		299	Rathey, Mathias	GER	50	M45	FC Grünfeld Kiel	00:51:44	00:51:44
253	253	215		64	Carlsen, Olaf	GER	26	M50	SFC Ottendorf	00:51:45	00:51:45
254	254	216		89	Bunde, Gregor	GER	62	M40	LT Kiellinie 03	00:51:49	00:51:49
255	255		39	119	Zädler, Birte	GER	8	W45	GTV	00:51:50	00:51:50
256	256		40	365	Schröder, Birgit	GER	6	W35	SG Tantalus Kiel	00:51:53	00:51:53
257	257	217		329	Jaschke, Sebastian	GER	16	M30		00:51:53	00:51:53
258	258	218		15	Schwalm, Jörg	GER	63	M40	LG KVG Die Straßentreter	00:51:56	00:51:56
259	259	219		84	Borowski, Christian	GER	51	M45	SV Wiking	00:51:58	00:51:58
260	260	220		311	Triphahn, Olaf	GER	64	M40		00:51:58	00:51:58
261	261		41	215	Eisele, Gabriele	GER	9	W45	SV Elsdorf	00:52:00	00:52:00
262	262		42	364	Bastert, Antje	GER	13	W40	SG Tantalus Kiel	00:52:04	00:52:04
263	263	221		316	Borchers, Michael	GER	52	M45	SG Förde Sparkasse e.V.	00:52:05	00:52:05
264	264	222		343	Wiese, Stefan	GER	65	M40	Schiedsrichtergruppe Neumünster	00:52:08	00:52:08
265	265		43	238	Thielking, Frederieke	GER	5	W20		00:52:29	00:52:29
266	266	223		413	Schreiber, Jochen	GER	53	M45	TuS Holtenau	00:52:34	00:52:34
267	267	224		428	Sump, Sigurd	GER	2	M70		00:52:35	00:52:35
268	268		44	183	Dobrowolski, Katrin	GER	6	W20		00:52:38	00:52:38
269	269	225		40	Scheiner, Andreas	GER	27	M50	RSC Probstei	00:52:39	00:52:39
270	270	226		321	Hinterleitner, Mark	GER	66	M40	SG Förde Sparkasse e.V.	00:52:41	00:52:41
271	271		45	312	Boysen, Kirsten	GER	14	W40		00:52:41	00:52:41
272	272	227		50	Lemke, Jürgen	GER	28	M50		00:52:56	00:52:56
273	273		46	334	Horst, Renate	GER	1	W65	Eckernförder MTV	00:52:58	00:52:58
274	274		47	308	Olesen, Sigrid	GER	2	W55	TSV Flintbek	00:53:02	00:53:02
275	275	228		122	Geest, Frank	GER	67	M40	TSV Altenholz/Lauftreff	00:53:09	00:53:09
276	276		48	111	Nordheim, Bettina	GER	15	W40		00:53:20	00:53:20

Zeile	Platz	M	W	Nr.	Name	Nation	AK-Platz	AK	Verein	Brutto	Netto
277	277	229		203	Heese, Ralf	GER	54	M45	LT Kiellinie 03	00:53:21	00:53:21
278	278		49	398	Timm, Julia	GER	1	WJB	SG Förde Sparkasse e.V.	00:53:23	00:53:23
279	279		50	124	Frach, Maike	GER	7	W35	Postfelder SV	00:53:25	00:53:25
280	280	230		63	Greve, Günter	GER	7	M60	SFC Ottendorf	00:53:26	00:53:26
281	281		51	260	Herzog-Appel, Ulrike	GER	2	W50	Eckernförder MTV	00:53:28	00:53:28
282	282		52	28	Nikuta, Stefanie	GER	8	W35	SV Friedrichsort	00:53:31	00:53:31
283	283	231		419	Schreiber, Torben	GER	19	M35	TuS Holtenau	00:53:39	00:53:39
284	284	232		42	Schulz, Michael	GER	19	M20		00:53:41	00:53:41
285	285	233		370	Oelrich, Michael	GER	68	M40	TuS Holtenau	00:53:42	00:53:42
286	286	234		317	Eichhorst, Jens	GER	55	M45	SG Förde Sparkasse e.V.	00:53:45	00:53:45
287	287	235		189	Beck, Martin	GER	29	M50	Kiel-Suchsdorf	00:53:52	00:53:52
288	288		53	297	Marienfeld, Gabi	GER	2	W60		00:53:54	00:53:54
289	289	236		283	Haertling, Guenter	GER	11	M55	LTV Kiel-Ost	00:53:57	00:53:57
290	290	237		383	Wingert, Artur	GER	20	M20		00:54:08	00:54:08
291	291	238		285	Schulze, Julian	GER	21	M20	Die Schnibbels	00:54:11	00:54:11
292	292	239		6	Fiebelkorn, Markus	GER	20	M35		00:54:12	00:54:12
293	293		54	307	Vollstedt, Regine	GER	3	W50		00:54:16	00:54:16
294	294	240		346	Wischer, Heiko	GER	56	M45		00:54:25	00:54:25
295	295		55	288	Wulfheide, Eva	GER	4	W50	LTV Kiel-Ost	00:54:31	00:54:31
296	296		56	187	Lameter, Anke	GER	10	W45	TUS Holtenau	00:54:39	00:54:39
297	297	241		69	Lepczynski, Bernd	GER	12	M55	SFC Ottendorf	00:54:40	00:54:40
298	298	242		290	Neu, Stefan	GER	17	M30		00:54:40	00:54:40
299	299	243		263	Kurtz, Raven	GER	30	M50		00:54:53	00:54:53
300	300		57	71	Rehm, Sibylle	GER	3	W55	SFC Ottendorf	00:54:54	00:54:54
301	301		58	318	Hagemann, Eike	GER	16	W40	SG Förde Sparkasse e.V.	00:54:59	00:54:59
302	302		59	262	Martin, Andrea	GER	17	W40		00:55:00	00:55:00
303	303		60	46	Kremin, Ingrid	GER	11	W45		00:55:00	00:55:00
304	304		61	322	Horstmann, Marion	GER	18	W40	SG Förde Sparkasse e.V.	00:55:01	00:55:01
305	305		62	75	Skovhede, Imke	GER	19	W40	SFC Ottendorf	00:55:02	00:55:02
306	306	244		368	Baumann, Till	GER	22	M20		00:55:08	00:55:08
307	307	245		369	Süß, Sebastian	GER	23	M20		00:55:08	00:55:08
308	308	246		132	Nissen, Oliver	GER	69	M40		00:55:09	00:55:09
309	309	247		418	Stedtner, Joachim	GER	8	M60	TuS Holtenau	00:55:11	00:55:11
310	310		63	72	Holm, Silke	GER	12	W45	SFC Ottendorf	00:55:20	00:55:20
311	311	248		196	Becker, Ulrich	GER	9	M60	TSV Kronshagen	00:55:20	00:55:20
312	312		64	131	Nissen, Katie	GER	20	W40		00:55:21	00:55:21
313	313		65	133	Rüter, Daniela	GER	21	W40		00:55:21	00:55:21
314	314		66	325	Muhs, Sabine	GER	13	W45	SG Förde Sparkasse e.V.	00:55:28	00:55:28
315	315	249		67	Jacobsen, Ralph	GER	57	M45	SFC Ottendorf	00:55:32	00:55:32
316	316	250		54	Behrens, Klaus-Detlef	GER	10	M60	SFC Ottendorf	00:55:39	00:55:39
317	317	251		319	Hagemann, Thomas	GER	58	M45	SG Förde Sparkasse e.V.	00:55:43	00:55:43
318	318	252		74	Schwarzbach, Ingo	GER	13	M55	SFC Ottendorf	00:55:55	00:55:55
319	319		67	127	Kolbaum, Anja	GER	14	W45		00:55:56	00:55:56
320	320	253		194	Rechter, Fritz	GER	11	M60		00:56:13	00:56:13
321	321		68	326	Mötter, Elvira	GER	4	W55	SG Förde Sparkasse e.V.	00:56:13	00:56:13
322	322	254		251	Gerdson, Toni	GER	70	M40		00:56:14	00:56:14

Zeile	Platz	M	W	Nr.	Name	Nation	AK-Platz	AK	Verein	Brutto	Netto
323	323		69	301	Fliegau, Cornelia	GER	8	W30	Lauftreff Schulensee	00:56:20	00:56:20
324	324		70	8	Wigger-Prieß, Christiane	GER	5	W50	LTV Kiel-Ost	00:56:43	00:56:43
325	325	255		362	Bluhm, Jens	GER	31	M50		00:56:45	00:56:45
326	326	256		197	Hengst, Dirk-Andreas	GER	18	M30		00:56:45	00:56:45
327	327		71	286	Westphal, Ilona	GER	7	W20	Die Schnibbels	00:56:54	00:56:54
328	328	257		202	Günther-Schäkel, Frank	GER	71	M40	LT Kiellinie 03	00:57:17	00:57:17
329	329	258		204	Holst, Matthias	GER	32	M50	LT Kiellinie 03	00:57:17	00:57:17
330	330	259		274	Jeschkeit, André	GER	59	M45	Lauftreff Schulensee	00:57:28	00:57:28
331	331		72	146	Grode, Monika	GER	6	W50	TuS Holtenau Kiel	00:57:42	00:57:42
332	332	260		217	Dössel, Andreas	GER	72	M40		00:57:53	00:57:53
333	333	261		388	Martinsen, Torben	GER	24	M20		00:57:53	00:57:53
334	334		73	340	Falk, Stefanie	GER	15	W45		00:58:04	00:58:04
335	335		74	130	Ehlers, Meike	GER	22	W40	Gettorfer Sportverein	00:58:04	00:58:04
336	336		75	34	Becker, Ute	GER	16	W45	Bela's flotte Sprotten	00:58:07	00:58:07
337	337	262		409	Jonason, Sven	GER	73	M40		00:58:29	00:58:29
338	338		76	339	Schierloh, Frauke	GER	17	W45		00:58:31	00:58:31
339	339		77	347	Mildenberger, Hjördis	GER	9	W30		00:58:41	00:58:41
340	340	263		399	Sauer, Christipher-David	GER	5	MJB	TSV Schönberg	00:58:50	00:58:50
341	341	264		331	Sauer, Edgar	GER	33	M50	TSV Schönberg	00:58:51	00:58:51
342	342	265		373	Ewert, Rudolf	GER	3	M70	TSV Schönberg	00:58:57	00:58:57
343	343		78	393	Schindler, Katja	GER	10	W30	Vollschiff Heiko	00:59:02	00:59:02
344	344	266		73	Schubbert, Marco	GER	21	M35	SFC Ottendorf	00:59:07	00:59:07
345	345		79	255	Roggenkamp, Lena	GER	8	W20	TSV Oerel-Barchel	00:59:11	00:59:11
346	346		80	59	Ebing, Rita	GER	18	W45	SFC Ottendorf	01:00:34	01:00:34
347	347	267		355	Kuvecke, Gerd	GER	34	M50	LG Albatros Kiel	01:00:34	01:00:34
348	348	268		117	Kühne, Dieter	GER	35	M50		01:00:36	01:00:36
349	349	269		216	Eisele, Joachim	GER	14	M55	SV Elsdorf	01:01:02	01:01:02
350	350		81	221	Holz, Margitta	GER	19	W45	TSV Schönberg	01:01:14	01:01:14
351	351		82	193	Hoffmann, Daniela	GER	20	W45		01:01:29	01:01:29
352	352		83	350	Müller, Ulrike	GER	9	W35	TSV Schönberg	01:01:45	01:01:45
353	353	270		265	Möller, Sven	GER	19	M30	Black League	01:02:30	01:02:30
354	354		84	101	Peignard, Sarah	FRA	9	W20		01:02:41	01:02:41
355	355		85	336	Kusche, Bärbel	GER	2	W65	THW Kiel	01:02:55	01:02:55
356	356	271		337	Schneider, Johann	GER	4	M70	THW Kiel	01:02:55	01:02:55
357	357		86	420	Von Unruh, Friedericke	GER	2	WJB		01:03:21	01:03:21
358	358	272		434	Rehder, Tobias	GER	6	MJB	ETV Handball	01:05:01	01:05:01
359	359	273		52	Kirck, Ulrich	GER	36	M50		01:05:14	01:05:14
360	360		87	281	Hazova, Klara	GER	10	W20	LTV Kiel-Ost	01:05:34	01:05:34
361	361	274		240	Berns, Michael	GER	60	M45		01:06:32	01:06:32
362	362		88	313	Wopp, Claudia	GER	11	W30	LG Albatros Kiel	01:07:24	01:07:24
363	363		89	278	Reinhold, Maria	GER	7	W50	TSV Schönberg	01:07:39	01:07:39
364	364		90	9	Watterott, Susanne	GER	23	W40	4 Fun Fitness Kiel	01:10:09	01:10:09
365											
366											
367											
368											